

1 **Molecular dynamics-driven drug discovery:**  
2 **Leaping forward with confidence**

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1 **Abstract**

2 Given the high costs and time in developing a commercial drug, it remains important to  
3 constantly reform the drug discovery pipeline with novel technologies that can narrow  
4 down on the most promising lead compounds for clinical testing. The past decade has  
5 witnessed tremendous growth in computational capabilities that allow *in silico* approaches  
6 to expedite drug discovery processes. Molecular dynamics (MD) has become a particularly  
7 important tool in drug design and discovery. From classical MD methods to more  
8 sophisticated hybrid classical/quantum mechanical approaches, MD simulations are now  
9 able to offer extraordinary insights into ligand-receptor interactions. In this review, we  
10 discuss how the applications of MD approaches are significantly transforming the current  
11 drug discovery and development efforts.

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## 1 **Introduction**

2 The quest for new drugs has always remained crucial throughout human history. From  
3 epidemic influenza of 1800s and 1900s[1] to the very recent Ebola virus outbreaks[2], the  
4 world's population has constantly faced several dreadful epidemics, in addition to life-  
5 threatening diseases such as cancers. Thus drug discovery continues to be the most  
6 significant challenge for the scientific community. The overall drug discovery process,  
7 from the identification of potential lead compounds to the FDA approval of a drug, is not  
8 only extremely complex but also highly expensive and time consuming. A very recent  
9 report<sup>1</sup> published by the Tufts Center for the Study of Drug Development (CSDD)  
10 estimates the overall costs for developing an approved drug at a staggering \$2.6 billion,  
11 with an average of approximately 14 years to complete the entire development cycle of a  
12 single drug (from research labs to market)[3].

13

14 Drug design and development have matured over the last two decades by exploiting the  
15 advantages of new experimental techniques and complementary technologies. The early  
16 1990s saw rapid advancements in combinatorial chemistry and high-throughput gene  
17 sequencing technology. These allowed the synthesis of huge compound libraries within a  
18 short span of time and their screening for various targets, thereby accelerating the discovery  
19 processes. This raised the hope of transforming the drug discovery field, making the natural  
20 products obsolete. But over time, the field of combinatorial chemistry started to face a lot  
21 of technical challenges. Particularly, the combinatorial libraries did not cover many  
22 structurally diverse compounds[4]. Further, the compounds in these libraries were also not  
23 stereochemically rich as the natural products. Therefore, the steep expansion in these  
24 compound libraries did not provide the expected fruitful outcomes; on the contrary, they  
25 only escalated the costs of testing[5] and resulted in reduced success rates. For example,  
26 until recently, only two compounds generated de novo have reached the market as a drug[6].  
27 One of them is sorafenib from Bayer, which was first approved by FDA in 2005 as a drug  
28 for cancer. The second drug that was possibly generated from de novo design is ataluren,  
29 which was approved in the European union in 2014 as a drug for the treatment of genetic  
30 disorders[6]. Nevertheless, there have been some significant efforts towards improving the

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<sup>1</sup> [http://csdd.tufts.edu/news/complete\\_story/pr\\_tufts\\_csdd\\_2014\\_cost\\_study](http://csdd.tufts.edu/news/complete_story/pr_tufts_csdd_2014_cost_study)

1 combinatorial chemistry field. For instance, some of the schemes for addressing the lack  
2 of diversity were developed; and this includes diversity-oriented synthesis[7], which  
3 employs a “build/couple/pair strategy”[8]. In addition, strategies, such as ‘split and pool  
4 solid phase synthesis’, were developed as more powerful approach for synthesizing huge  
5 combinatorial chemistry. Despite many efforts, the field of combinatorial chemistry has  
6 still not reached its full capacity. Kodadek[9] discusses various recent advances in the  
7 combinatorial chemistry. This has led to a focus on computational methods as low-cost  
8 tools for driving the early search process for compounds with desired biological activity  
9 and pharmacological profiles, before initiating experiments.

10  
11 Structure-based drug design (SBDD) is one of the vital computational approaches that has  
12 been found to be very effective in the identification of hits for in-vitro testing. As the name  
13 indicates, in principle, knowledge of the three-dimensional structures of proteins and the  
14 ligands are mandatory to perform SBDD. Recently, there has been dramatic accumulation  
15 of biological data, from gene sequences to three-dimensional structures of proteins and  
16 compound databases, which offers excellent support to SBDD research. As of June 2016,  
17 the Protein Data Bank (PDB) ([www.pdb.org](http://www.pdb.org)) contains more than one hundred thousand  
18 experimentally-determined (e.g., via X-ray, NMR and electron microscopy) protein  
19 structures, of which almost 26% correspond to human proteins. The UniProtKB/Swiss-Prot  
20 genome database ([www.uniprot.org](http://www.uniprot.org)) contains ~540,000 amino acid sequences. These huge  
21 databases offer a gamut of potential targets for several human diseases. Moreover, when  
22 the experimentally-determined 3D structures of any proteins (or enzymes) are not available  
23 in the PDB, computational models of the unknown proteins for subsequent *in-silico* studies  
24 can be constructed using SBDD-based methods such as homology modelling, threading  
25 and *de novo* designing[10]. The success of virtual screening (see Glossary) and SBDD is  
26 also dependent on the availability of different compound libraries that comprise chemical  
27 compounds from diverse structural classes, so as to increase the probability of obtaining  
28 novel hits. There are a number of freely available compound databases, such as  
29 ZINC15[11,12] (~120 million compounds), ChempSpider[13] (35 million compounds),  
30 ChEMBL[14] (~2 million compounds), DrugBank[15] (~14000 compounds),  
31 PubChem[16] (64 million compounds), among others.

1

2 When a specific target and compound libraries are selected, molecular docking-based  
3 virtual high-throughput screening is employed to identify only those compounds (from the  
4 libraries) with higher affinities to the protein's active site[17]. The proteins are dynamic  
5 biological molecules and their flexibilities play vital roles in the process of ligand  
6 recognition, and thus in SBDD. In addition, ligand binding also tends to induce measurable  
7 levels of conformational changes in the proteins so as to adapt a biophysical state that is  
8 suitable to form a strongly-bound complex (known as induced-fit effects). Nevertheless,  
9 accounting for receptor flexibilities remains a major challenge and regular molecular  
10 docking methods are mostly unable to capture such conformational changes in proteins.

11

12 Molecular dynamics (MD) is a computational method that can take on this challenge and  
13 predict the time-dependent behaviour of a molecular system, thus becoming an invaluable  
14 tool in SBDD. It has been particularly valuable in exploring the energy landscapes of  
15 proteins and identifying their physiological conformations, which are, in many cases, not  
16 even accessible through high-resolution experimental techniques. MD is also useful in the  
17 structural refinements of post-docking complexes, such that the complementarity between  
18 the ligand and the receptor are enhanced in the complex-state, thereby allowing better re-  
19 scoring of complexes.

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21 This review will discuss in detail the various applications of MD approaches in modern  
22 drug discovery efforts. Although, there have been a number of recent reviews[18-26]  
23 focussing on the usefulness of MD in drug design, they are mostly focussed on the  
24 theoretical background, applications of MD for accounting protein flexibility and selected  
25 few binding free energy methods. However, the current review aims to complement the  
26 existing ones in the literature, by addressing various aspects of SBDD, for which MD  
27 methods and QM/MM approaches can offer some valuable solutions. The review begins  
28 by briefly introducing molecular docking and virtual screening in SBDD. We discuss the  
29 recent developments in docking methods and how they struggle to account protein  
30 flexibility in SBDD. Subsequently, we discuss in detail how MD is helping to fill this gap  
31 and various applications of MD in SBDD, including post-docking structural refinements

1 and accurate binding free energy estimations. Various binding free energy methods and  
2 their recent developments are presented, along with a number of examples. In addition, we  
3 also discuss an emerging trend of using solvent information more explicitly from MD  
4 simulations, which provide significant information the effects of water molecules in drug  
5 design. Further, we also caution about various limitations in MD methods and,  
6 subsequently, we discuss about the applications of advanced hybrid QM/MM MD in drug  
7 design. Finally, we present our perspectives by presenting a simple and practical workflow  
8 for integrating various computational methods discussed in this review for SBDD.

### 9 10 **Molecular docking and flexibility challenges**

11 Molecular docking (see Glossary) protocols predict the optimal placement of each of the  
12 compounds within a pre-defined active site of a protein target. They generate a  
13 comprehensive set of conformations of the ligand-receptor complex (predominantly based  
14 on the ligand poses). These poses are subsequently ranked based on their stability using  
15 different scoring functions[27]. There are a number of programs for ligand-protein  
16 docking, including, DOCK[28], AutoDock[29], Gold[30], and GLIDE[31]. These  
17 docking-based methods have been of great use in modern drug discovery campaigns,  
18 mainly because of their speed and simple set-ups.

19  
20 Early docking methods assumed that the ligand-protein binding phenomenon could be  
21 modelled as a simple ‘lock-and-key’ scheme. That is, the aim was to identify a ligand (i.e.,  
22 a key) with the exact shape complementarity to fit within a stiff active site cavity (as a  
23 keyhole) of the protein. In this way, most early docking algorithms treated the ligand and  
24 the receptor as two rigid counterparts. This assumption holds well only for very rare cases,  
25 such as the trypsin-BPTI complex, in which the interface of the bound and unbound states  
26 is almost identical in their conformations[32]. However, it does not reflect the reality in  
27 vast majority of cases, where both ligands and receptors undergo mutual changes to  
28 accommodate each other in the complex state. Thus, ligand-protein binding mechanism is  
29 now described as a ‘hand-and-glove’ scheme (Fig. 1), indicating that the best fit is still an  
30 essential factor but under a flexible environment[33]. Most of the current docking software  
31 programs have adopted ligand sampling as one of the basic elements in their docking

1 protocols. Several sampling algorithms, such as shape matching, systematic search and  
2 stochastic algorithms, are currently employed in docking to generate several ligand  
3 conformers (often referred as poses) around the given receptor environment[34]. For  
4 example, software programs such as GLIDE[31] and LUDI[35] implement systematic  
5 search methods in docking; while AutoDock incorporates stochastic methods for  
6 accounting ligand flexibility in docking. Thus, there have been significant advancements  
7 in the methods to allow exhaustive ligand flexibility in docking-based virtual  
8 screening[34].

9  
10 On the other hand, protein flexibility has been almost ignored in docking calculations. Very  
11 few techniques, such as soft-docking and rotamer libraries[34,36], have been developed to  
12 tackle this problem. In soft-docking, the protein flexibility is implicitly included during the  
13 calculation, by softening the interatomic van der Waals terms in the scoring function such  
14 that it allows small levels of overlaps between the receptor and ligand[34,36]. Software  
15 programs such as GOLD and AutoDock implements soft-docking. Some programs attempt  
16 to implement protein conformational changes into docking calculations by treating the side  
17 chains as flexible, while retaining the rigidity of backbone atoms [34,36]. These methods  
18 employ rotamer libraries, which comprise a list of side-chain conformations determined by  
19 experiments and statistical analyses. GLIDE[31], for example, adapts an induced-fit  
20 docking method, where selected side chains are mutated into alanine residues to avert steric  
21 clashes during docking[31]. Later on, these side-chains' conformations are adjusted to  
22 generate possible configurations that can adopt to the new environment, followed by an  
23 energy minimization of the binding site.

24  
25 Nevertheless, such attempts only allow local movements of some selected residues in the  
26 active site, but are not able to capture the overall effects of ligand binding on the  
27 conformation of proteins. To overcome that, an ensemble of protein structures can be used  
28 to account for the full receptor flexibility during docking. This method has become one of  
29 the most widely accepted techniques in SBDD. In this approach, all protein structures are  
30 combined together to form a single representation [18,36], so that it can include  
31 conformational changes occurring during the ligand binding process. This is usually

1 achieved by averaging the grids of the different protein conformations (in the ensemble)  
2 into a single global receptor grid and employing this final grid in molecular docking.  
3 Knegtel et al[37] made one of early attempts in employing an averaged grid that is  
4 generated from different experimentally-determined structures for ligand docking. The  
5 authors employed this approach for different test cases, including HIV protease, ras p21  
6 protein, uteroglobins and retinol binding protein. They found that the averaged grids  
7 approach exhibited better accuracies when compared to those of a single structure. The  
8 issue of protein flexibility in docking was also addressed by using a united description  
9 scheme[38]. In this way, multiple experimentally-derived protein structures are  
10 superimposed, where the similar segments in the ensemble structures are aligned and fused  
11 together, while the variable regions are used as an ensemble. The ensemble of varied  
12 segments of proteins is combinatorially-explored to produce possible new conformations  
13 of proteins for docking calculations [18,34]. However, this approach relied heavily on the  
14 quality of the ligand conformational sampling. In addition, such approaches account only  
15 for the ligand-protein interaction energy where the internal energy of the protein is mostly  
16 neglected[18] (Fig. 2).

17

18 An alternate ensemble-based strategy, to model protein flexibility in molecular docking, is  
19 to explicitly consider multiple individual receptor conformations[39] and perform rigid  
20 docking of ligands against all those target structures. An ensemble of protein configurations  
21 is usually generated from an NMR structure of the chosen receptor or a set of X-ray crystal  
22 structures for the same receptor but with different ligands. Nevertheless, the main pitfall  
23 with using an ensemble of X-ray crystal structures is that the subsequent docking (or virtual  
24 screening) could be biased towards the structures available. This could be even more  
25 troublesome if all the available structures are co-crystallized with analogous ligands. On the  
26 other hand, in the absence of those experimental structures, modeling and MD simulations  
27 can be carried out to collect statistically significant protein conformations from the  
28 resulting (MD) trajectories. More discussions about this strategy are provided in the  
29 following sections. In fact, this combination-approach (i.e., mixing MD and molecular  
30 docking) is becoming more common[40-43], irrespective of the availability of  
31 experimental structures. For example, in a recent study, Campell et al[44] presented an



1 approach that employs a biased-MD simulation on the known X-ray crystal structure(s) of  
2 ligand-protein complex(es), followed by rigid ligand docking to identify the best ranking  
3 pose for the complex(es). To demonstrate this scheme, the authors selected two test  
4 systems, cyclin-dependent kinase 2 (CDK2) and factor Xa (FXa) [44]. The authors  
5 collected the available crystal structures of these systems and performed MD simulations  
6 by introducing an external bias potential to retain the initial ligand conformation, thereby  
7 also maintaining the binding state that has been known to exist. Later, the authors collected  
8 a cluster of protein conformations from the MD trajectory and employed them for the  
9 ensemble-based docking of a new set of ligands in the known pocket. This work[44]  
10 demonstrates that despite the availability of crystal structures, MD simulations may be very  
11 useful to account protein flexibility in docking-based virtual screening. A recent study[45]  
12 showed that enrichment performances of virtual screening against three different targets,  
13 neuraminidase, HIV protease and peroxisome proliferator-activated alpha receptors,  
14 displayed excellent improvements when employing MD-based screening. Therefore, MD  
15 methods are now recognized as a valuable tool in SBDD.

16

### 17 **Classical molecular dynamics**

18 Molecular dynamics (MD) is the most widely employed computational technique to study  
19 the equilibration structures and dynamic interactions of biological systems [20,24,40-43].  
20 They extend insights into time-dependent variations and configurational changes in the  
21 structures of the biological systems, which may be related to their functionalities[46].  
22 Classical molecular dynamics regards atoms as solid spheres and the bonds connecting  
23 them as springs. This allows the atoms in the system to only oscillate within a specified  
24 distance. Classical MD is based on Newton's equations of motion,

$$m_i \frac{\delta^2 r_i}{\delta t^2} = F_i \quad (1)$$

25

26 Here,  $F_i$  is the component of the net force acting on the i-th atom with a mass,  $m_i$ .  $r_i$   
27 denotes the position of the atom at time t. The force can then be computed as,

28

$$F_i = -\frac{\delta U(r_1, r_2, \dots, r_n)}{\delta r_i} \quad (2)$$

1  
2 where,  $U(r_1, r_2, \dots, r_n)$  is the potential energy function of the specific conformation and can  
3 be described by using the concept of a force field with pre-defined parameters [47]. A  
4 force field is a mathematical expression comprising the functional form of the potential  
5 energy, which includes the possible bonded (bonds, angles and dihedrals) and non-bonded  
6 interaction (van der Waals potentials and Coulomb potentials) terms between the different  
7 atoms in the system. The bond stretching and angle terms are commonly modelled using a  
8 harmonic potential function, while the dihedrals are expressed as a cosine function. The  
9 non-bonded terms are modelled using Lennard-Jones potentials[48] and Coulomb's law.  
10 Particle-mesh Ewald (PME) method[49] under periodic boundary conditions is normally  
11 employed in the classical MD simulations in order to treat long-range electrostatic  
12 interactions in the system. A number of force fields have been developed for MD  
13 simulations of biological systems, such as CHARMM[50], AMBER[51], GROMOS[52],  
14 etc. Most of these methods have different functional forms to treat MD simulations, which  
15 makes it difficult to transfer parameters from one force field to another.

16  
17 It is generally difficult to compare the performance of different force fields, as the outputs  
18 will significantly depend on the type of system and properties studied[53]. However, there  
19 have been some efforts to compare different force fields and most of them find that the  
20 results concerning the structure and dynamics of systems could vary depending on the force  
21 field. For example, Todorova et al[54] compared five popular force fields, such as  
22 CHARMM27, OPLS, AMBER03, and the united-atom GROMOS 43A1 and GROMOS  
23 53A6 force fields, for simulating insulin. The study addressed the effects of each force field  
24 on the conformational evolution and structural properties of the peptides and compared  
25 them against the established experimental data. The results found that different structural  
26 trends emerged depending on the force field used; however, the CHARMM27 and  
27 GROMOS 43A1 delivered the best representation of the experimental behavior[54].  
28 Similar conclusions were drawn from a number of other studies as well; but some studies  
29 concluded that no major differences (in properties and performance) were detected when

1 comparing different force fields. Therefore, it is important to make a careful selection of a  
2 force field before employing it in MD simulations. ‘Learning from experience’ is one of  
3 the practical approaches for choosing a force field for MD simulations. Before choosing a  
4 force field, the users need to be clear about the system they are working on and what is the  
5 key question (or property) that they are trying to address through MD simulations.  
6 Subsequently, the users need to do literature search to find out if MD simulations of similar  
7 systems or properties have been reported earlier and if yes, what types of force fields were  
8 applied to those simulations. If more than one force field have been applied, then which  
9 one among them was able to provide more accurate results needs to be identified. It is also  
10 important to benchmark the selected set of atomic force fields to test against some reliable  
11 metrics. Sometimes the choice of force field may also depend on the type of water models  
12 involved in the simulations, as force fields have been developed for certain water models  
13 (such as TIP3P, TIP4 and SPC) [54,55]. For instance, it has been suggested that the  
14 combinations of TIP3P-AMBER, TIP3P-CHARMM, TIP4P-OPLS and SPC-GROMOS  
15 have been more relevant to the experiments[54,55]. Although there are some exceptions  
16 shown in the literature, for instance see reference[55]. Becker et al[56] have listed a number  
17 of considerations for choosing an appropriate force field in material science and  
18 engineering and these suggestions also holds well for biomolecular simulations.

19

20 Solving Newton’s equations of motion analytically is unpractical for the thousands of  
21 degrees of freedom typically involved in many MD problems. As a result, numerical  
22 integration algorithms, such as Verlet integrator[57], velocity Verlet integrator[58] and  
23 leapfrog integrator[59], are usually employed to solve these equations and predict the next  
24 move for all atoms during MD simulations. Since the dynamics of the covalent bonds  
25 involving hydrogen atoms are not very crucial in biological problems, they are usually  
26 constrained using integration algorithms, such as SHAKE[60], RATTLE[61] and  
27 LINCS[62]. Hence, a time step value in the range of 1.5fs to 2fs is possible and has shown  
28 to be suitable for MD simulations of many biological systems[46].

29

30 The main advantage of MD approach is its abilities to mimic the experimental conditions  
31 in which a typical biological question is addressed. For instance, experiments are carried

1 out by controlling different factors, such as temperature, pressure, number of atoms, ionic  
2 concentration and the type of solvent used to solvate the interacting molecules. All these  
3 factors can be readily adjusted and controlled in MD simulations within the context of  
4 statistical mechanics ensembles [63]. These ensembles include the microcanonical  
5 ensemble (constant total energy), canonical ensemble (constant temperature), and  
6 isothermal-isobaric ensemble (constant temperature and pressure). The microcanonical  
7 ensemble is the most basic approach and involves a constant number of particles (N), a  
8 constant volume (V) and constant energy (E). However, as the condition of maintaining a  
9 constant total energy is not realistic [64], the canonical ensemble (NVT)[65] and  
10 isothermal-isobaric ensemble (NPT)[66] are commonly used. A number of thermostats and  
11 barostats, such as Langevin[67], Berendsen[68] and Nose-Hoover[69,70], have been  
12 developed to fix the temperature and pressure in MD simulations. In fact, the isothermal-  
13 isobaric (NPT) ensemble is the most widely used ensemble in MD simulations, as it reflects  
14 the actual experimental conditions. There are a number of classical MD programs,  
15 including but not limited to, AMBER ([www.ambermd.org](http://www.ambermd.org)), CHARMM  
16 ([www.charmm.org](http://www.charmm.org)), NAMD ([www.ks.uiuc.edu/Research/namd/](http://www.ks.uiuc.edu/Research/namd/)), GROMACS  
17 ([www.gromacs.org](http://www.gromacs.org)), Desmond ([www.deshawresearch.com](http://www.deshawresearch.com)) and Hyperchem  
18 ([www.hyper.com](http://www.hyper.com)). Some important quantities that are frequently used when analyzing MD  
19 trajectories are provided in BOX 1.

20

## 21 **MD simulations and protein flexibility**

22 The dynamic nature of proteins is a well-established phenomenon [71]. Proteins are very  
23 flexible biological molecules that can adopt multiple conformational states in solution [18].  
24 Very few of these conformations are able to bind efficiently to the ligands and/or other  
25 systems in the environment. For example, certain configurations of proteins may adapt an  
26 open state that keeps the channels accessible for water molecules and ligands to  
27 bind/unbind freely [72,73]. On the other hand, in some other conformations of the same  
28 proteins, the highly malleable loops may be blocking the channel partially or completely  
29 thereby restricting ligand access. In addition, binding of the ligand may also lead to  
30 conformational changes in proteins, from local reorganization of side-chains to hinge  
31 dynamics of domains [40-42]. As a result, proteins often shift between different

1 conformational states separated by low- and high-energy barriers in the free-energy  
2 landscapes during chemical reactions. Histone deacetylase 8 (HDAC 8) is one of the best  
3 examples for dynamic mobility in proteins. These unusual dynamics of HDAC8 have been  
4 captured by at least 21 different experimentally-determined structures (PDB IDs: 1T64,  
5 1T67, 1T69, 1VKG, 2W22, 2V5W, 2V5X, 3EW8, 3EWF, 3EZF, 3EZT, 3F06, 3F07,  
6 3F0R, 3SFF, 3SFH, 3MZ3, 3MZ4, 3MZ6, 3MZ7, and 3RQD)[46,71,74]. By comparison  
7 of all the reported experimental structures, it was found that an 11 Å deep active-site pocket  
8 of the enzyme changes between a broadly open conformation to a partially open state and  
9 a fully closed structure[71,74]. Some experimental structures of HDAC8 also display an  
10 extra pocket that lies parallel to the main pocket (Fig. 3). All these structures are proposed  
11 to exist in equilibrium and are involved in ligand binding/unbinding, product release or  
12 water transfers[46,71]. Furthermore, some proteins could have additional druggable  
13 binding sites, which are cryptic in nature and have the potency to modulate the  
14 functionalities of the concerned receptors allosterically. Such cryptic or allosteric binding  
15 sites are usually not easily detectable in the ligand-free structures, as in TEM1 β-  
16 lactamase[75] and p38 MAP kinase[76] for instance, and require significant  
17 conformational changes in the receptors to become visible. Hence, these sites are usually  
18 not detectable from a single representative structure and requires large conformational  
19 sampling to reveal them. One of the well-known success stories of MD in such applications  
20 is with regards to the discovery of a novel-ligand binding trench in HIV-integrase enzyme.  
21 In 2004, Schames et al[77] performed MD simulations of HIV-integrase enzyme along  
22 with the docked ligand and discovered a novel ligand binding region, the trench. The  
23 existence of this cryptic site was later also confirmed by X-crystallography. Subsequently,  
24 scientists from Merck along with their collaborators performed intense experimental  
25 research[78] on this novel binding site, which eventually led to the development of novel  
26 anti-HIV inhibitors such as raltegravir[19].

27

28 It is therefore logical to use an ensemble of protein conformations in SBDD, instead of a  
29 single representation. Nevertheless, due to high-costs and technical complexities,  
30 experimentally-determined structures for different conformations are only available for  
31 few proteins. As discussed in earlier sections, MD simulations are now being used to

1 collect ensembles of protein structures for SBDD in order to close this gap. Under this MD  
2 scheme, the target structure (obtained from PDB or computational modelling) is initially  
3 subjected to large-scale MD simulations followed by root mean squared deviation (RMSD)  
4 conformational clustering to accumulate all possible conformations of a typical protein  
5 structure. Subsequently, statistical analysis methods, such as Principal Component  
6 Analysis (PCA), are then employed to transform the original space of correlated variables  
7 into a reduced set of independent variables comprising of the most vital dynamics of the  
8 system[40-42,79]. This will result in an ensemble of protein structures that can be used in  
9 docking-based virtual screening. This MD scheme to account for receptor flexibility is  
10 popularly known as the ‘relaxed complex scheme’ (RCS)[42]. RCS has been successfully  
11 employed in a number of studies[40-43]. For instance, we have employed extensive MD  
12 simulations to conduct an ensemble-based virtual screening against the MDM2  
13 protein[41], a main regulator for p53. We performed over 50 ns MD simulations of the  
14 structure of MDM2 using the AMBER99SB force field and NAMD program and sampled  
15 28 distinct conformations of MDM2 for further virtual screening of several ligand  
16 databases[41]. The 28 structures included twenty-two structures that comprised ~75% of  
17 the apo-trajectory, five structures representing ~80% of the bound-trajectory and a single  
18 MDM2 conformation from the MDM2-p53 crystal structure [41]. The study revealed that  
19 MDM2 is a highly flexible protein and adopted distinct conformational changes[41], which  
20 were effectively captured using MD simulations, as shown in Fig. 4a<sup>2</sup>. In another study,  
21 Bowman et al[80] performed MD simulations of p53-MDM2 complex and generated  
22 multiple structures of the systems, so as to account protein flexibility in their subsequent  
23 docking-based virtual screening. This led to the discovery of five small-molecule inhibitors  
24 of the human MDM2-p53 interaction. Particularly, one of the compounds exhibited a Ki  
25 of  $110 \pm 30$  nM[80]. These small molecules indeed have distinct scaffolds from nutlin, a  
26 known inhibitor of MDM2-p53 interaction[80]. Thus, incorporating RSC approach is able  
27 to discover novel therapeutically attractive small molecules. In one of our another studies,  
28 we used the MD-based RSC approach to develop a computational atomistic model of a

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<sup>2</sup> Reprinted from Journal of Molecular Graphics and Modelling, 28 (6), Khaled Barakat, Jonathan Mane, Douglas Friesen, Jack Tuszynski, Ensemble-based virtual screening reveals dual-inhibitors for the p53–MDM2/MDMX interactions, 555-568, Copyright (2010), with permission from Elsevier.

1 human ether-á-go-go-related (hERG) ion channel [40]. Conformational sampling of the  
2 MD trajectory of hERG resulted in 45 different clusters that made a comprehensive  
3 description of backbone (Fig. 4b) and side-chain dynamics (Fig. 4c) of the inner cavity of  
4 the ion channel[40]<sup>3</sup>. This model serves as a powerful tool to predict hERG blocking and  
5 can be useful in developing safer and more efficient drugs[40].

6  
7 In combination with other computational approaches, MD simulations can help in  
8 characterizing protein-protein interactions. These types of interactions play important roles  
9 in several biological processes, including signal transduction, cell metabolism and/or  
10 transport. Understanding these interactions can access a new era of drug discovery, hence,  
11 expanding the target space for new and more effective drugs[81]. Although the protein-  
12 protein interfaces are generally large, only selected subset of residues are responsible for  
13 the strong binding at these sites. Such residues, along with the surrounding domains, are  
14 known as hot spots. Protein-protein interactions are also known to possess transient binding  
15 pockets that are not captured in experimentally-determined structures. MD simulation has  
16 become routine in approaches for identifying these hotspots and predicting binding sites  
17 for their regulation. For instance, MD simulations have provided a detailed understanding  
18 of the dimer interface in the HIV 1 protease enzyme, which is characterized by solvent  
19 accessible surface areas and inter-dimeric hydrogen bonds[82]. In a recent study [83], we  
20 employed MD simulations to model and characterize the human programmed death-1 (PD-  
21 1) bound to its two human ligands, PDL-1 and PDL-2. Table 1 lists some of the studies  
22 that have employed MD simulations for various applications (such as accounting protein  
23 flexibility and dynamics, post-docking structural refinements and free energy of binding  
24 calculations) on different target enzymes (or proteins) in the past five years.

## 25 26 **MD simulations and post-docking structural refinements**

27 Although docking can predict the optimal placement of a ligand within a receptor's active  
28 site, not all of the key interactions between the ligand and receptor are usually depicted

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<sup>3</sup>Reprinted from Toxicology Letters, 230 (3), Anwar Anwar-Mohamed,Khaled H. Barakat, Rakesh Bhat, Sergei Y.Noskov, D.Lorne Tyrrell,Jack A. Tuszynski,Michael Houghton, A human ether-á-go-go-related (hERG) ion channel atomistic modelgenerated by long supercomputer molecular dynamics simulations and its use in predicting drug cardiotoxicity, 382-392, Copyright (2014), with permission from Elsevier.

1 accurately. Hence, it is generally recommended to perform MD simulations on the  
2 complexes obtained from docking as this can help in optimizing their interactions. For  
3 instance, in a previous study[84], molecular docking predicted that sulphonamide  
4 derivatives bind effectively into the active site of aldose reductase, which was contrary to  
5 the less activity found for these compounds in experiments. *In silico* refinements of these  
6 structures using MD revealed that a water molecule from the exterior migrated to the  
7 binding site and interrupted the key interactions between sulphonamide ligands and the  
8 receptor. This was identified to be a reason for the reduced activity of the tested  
9 compounds in experiments [84]. In another study, MD simulations were used to discern  
10 the different docked complexes of propidium and human acetylcholinesterase based on  
11 their stability[85]. The most stable structures identified with the help of MD simulations  
12 were in excellent correlation with the binding modes proposed by experiments[85].  
13 Similarly, a combination of ensemble-based molecular docking and MD refinements of  
14 post-docking complexes helped us reveal for the first time a unique symmetrical binding  
15 mode of Daclatasvir (a drug in phase III clinical trials) with the Hepatitis C virus (HCV)  
16 NS5A protein and for different HCV genotypes[43], refer to Fig. 5<sup>4</sup>.

17

18 MD has made significant contributions in the understanding the structure-properties of G-  
19 protein coupled receptors. For instance, a previous study involved post-docking MD  
20 simulations to reveal significant dynamic changes in the human CC chemokine receptor 3  
21 (CCR3) and the human muscarinic acetylcholine receptor 3 (hM3R) that influence their  
22 ligand binding modes [24]. Especially, MD simulations found a strong H-bond between  
23 the docked ligand and N508 residue of hM3R that is key to holding the complex. This was  
24 again confirmed by performing MD simulations of N508A mutant hM3R and ligand  
25 complex, in which the ligand was found to be pushed to the exit [24]. In another study by  
26 Perdih et al[86], the authors employed molecular docking and MD simulations, along with  
27 a range of experiments, and identified some of the furan-based benzene mono- and  
28 dicarboxylic acid derivatives as potential inhibitors of all four bacterial Mur ligases. The

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<sup>4</sup>Reprinted with permission from Journal of Chemical Information and Modeling, 55 (2), Khaled H. Barakat, Anwar Anwar-Mohamed, Jack A. Tuszynski, Morris J. Robins, D. Lorne Tyrrell, and Michael Houghton, A Refined Model of the HCV NS5A Protein Bound to Daclatasvir Explains Drug- Resistant Mutations and Activity against Divergent Genotypes, 362-373. Copyright (2015) American Chemical Society.



1 authors initially performed in-vitro testing of seven furan-based benzene-1,3-dicarboxylate  
2 derivatives, based on their previous studies and found out that one of the compounds was  
3 able to inhibit all Mur ligases in the micromolar range[86]. Subsequently, this compound  
4 was docked into the active site of MurD enzyme and two different ligand binding modes  
5 were identified. Subsequently, the authors performed ~20 ns long MD simulations and  
6 interaction energy calculations, so as to further refine the post-docking complex and also  
7 identify the best binding mode of the ligand. Finally, based on the results obtained, four  
8 novel furan-based benzene-monocarboxylic acid class were discovered to inhibit multiple  
9 Mur ligases in the low micromolar range[86]. Moreover, one of the newly discovery  
10 compounds also exhibited promising antibacterial activity against *S. aureus*[86].

11  
12 Previous studies[87-89] have also shown that integrating induced-fit docking (IFD)  
13 method along with MD and/or QM/MM simulations can be useful for the efficient  
14 description of induced-molecular flexibilities within the protein-ligand complexes and also  
15 for accurate binding mode analysis of ligands. For example, in a recent study, Distinto et  
16 al[87] employed IFD and MD simulations in order to unravel the putative binding modes  
17 and activities of 1-(arylidene-2-(4-(4-chlorophenyl)thiazol-2-yl)hydrazines against  
18 monoamine oxidase B (MAO-B) enzyme, an attractive target for neurodegenerative  
19 diseases. By structural alignment of several X-ray structures of MAO-B co-crystallized with  
20 different inhibitors, it was understood that the enzyme adopted induced-fit changes with  
21 respect to the bound ligands. Hence, the authors initially performed IFD using the  
22 Schrodinger drug discovery suite, during which the side chains near the inhibitor were kept  
23 flexible. The results from the IFD showed explained the how ligand binding tend to induce  
24 structural changed in the protein. However, many of the compounds showing two binding  
25 modes were ranked high in IFD. In order to find out the best binding mode of the inhibitors,  
26 the authors performed 3 - 5 ns long MD simulations for both the binding modes of two of  
27 the top-ranking compounds from IFD. The MD results followed by the free energy  
28 calculations highlighted the significance of fluorine atom interacting with the water near  
29 the cofactor and the influence of steric bulkiness of substituents in the arylidene moiety.  
30 The authors propose that the pharmacophore features of these experimentally synthesized  
31 compounds, developed using combined IFD, MD and free energy calculations, should be

1 useful for achieving novel high-affinity MAO-B inhibitors for the treatment of  
2 neurodegenerative disorders[87].

3

4 In another study, Fu et al[88] combined IFD with classical MD simulations, free energy of  
5 binding calculations and QM/MM calculations to study the substrate binding to human  
6 biliverdin-IX $\alpha$  reductase (hBVR-A) of biliverdin-IX $\alpha$  and four analogues. hBVR-A is a  
7 key enzyme in regulating a wide range of cellular processes and is involved in the  
8 conversion of biliverdin-IX $\alpha$  to bilirubin-IX $\alpha$ . In this work[88], the authors initially  
9 employed the structure of the hBVR-A/NADPH/substrate I complex for the docking of  
10 analogs into the binding pocket using the IFD procedure implemented in the Schrodinger  
11 program. During the IFD, a tyrosine residue in the active site was treated with flexibility.  
12 Subsequently, the best-ranking ternary complex structures from IFD were subjected to  
13 classical MD simulations[88]. Multiple snapshots obtained from the MD simulations were  
14 used for performing free energy of binding calculations. The predicted free energies of  
15 binding for five analogues agreed well with the experimental binding affinities and also  
16 helped to identify the best binding pose for the complexes[88]. Finally, the authors  
17 investigated the catalytic mechanisms of the ternary complex structure (in this study) by  
18 calculating the reaction energy profiles using advanced QM/MM calculations. These  
19 advanced calculations were useful to understand the reaction mechanisms of the system  
20 studied, which on the long-run should assist in the design of potent hBVR-A inhibitors[88].  
21 Thus, MD serves as an important tool for not only refining the post-docking complexes,  
22 but also for revealing more appropriate binding modes of the ligands within the receptor  
23 structures.

24

### 25 **MD simulations and predicting the free energy of binding**

26 Molecular recognition is critical in several biochemical and biological processes [90].  
27 Many biological processes are initiated by specific binding between two interacting entities  
28 in the cell. Although docking, combined by MD simulations, can provide a clear image of  
29 the shape complementarity between these entities at their binding interface, whether these  
30 interactions are significant or realistic requires an additional and essential piece of  
31 information, namely the free energy of binding, which is the driving force toward forming

1 this complex. Calculation of the binding free energy ( $\Delta G_{bind}$ ), i.e., the free energy  
2 difference between the ligand-bound state (complex) and the corresponding unbound states  
3 of proteins and ligands, is used to quantify the affinity of a ligand to its target. Assessing  
4 the  $\Delta G_{bind}$  of a series of ligands against a particular target can discern those ligands with  
5 higher binding affinities with the target. The  $\Delta G_{bind}$  calculations are thus very important in  
6 drug design, and normally follow the docking-based virtual screening processes. A number  
7 of computational methods, from computationally rigorous thermodynamics pathways  
8 approaches to less complex end-point methods, have been developed for  $\Delta G_{bind}$   
9 calculations. The former methods include thermodynamic integration (TI) and free energy  
10 perturbation (FEP) methods; while linear interaction energy (LIE), Molecular Mechanics-  
11 generalized Born surface area (MM-GBSA), and Molecular Mechanics-Poisson-  
12 Boltzmann surface area (MM-PBSA) are end-point methods. Each of these methods has  
13 its own strengths and limitations, and their computational requirements and speed are  
14 inversely correlated with their accuracy.

15

16 TI and FEP methods are thermodynamic pathways approaches that are commonly  
17 employed for the calculation of relative binding free energies[91,92]. These methods are  
18 mainly based on the application of thermodynamic cycles and thus require the  
19 transformation of the system from the initial state to the final state through alchemical  
20 changes of the system energy function[91]. These methods involve change of a ligand A  
21 into ligand B in two states, such as solvent-only unbound state (of the ligands) and bound  
22 state (i.e., ligand-protein complexes). This will provide free energy changes for the  
23 unbound states ( $\Delta G_{unbound}$ ) and bound states ( $\Delta G_{bound}$ ) of the ligands [91]. It is also possible  
24 to mutate ligand A to “nothing”, which in principle can provide absolute free energies of  
25 binding. Understandably, these methods (TI and FEP) demand multiple MD simulations  
26 and rigorous sampling of ligand, protein and solvent degrees of freedom. As a result, the  
27 thermodynamic pathways methods are in general able to provide very accurate estimation  
28 of the free energy of binding at the cost of high computational time[93,94]. For instance,  
29 the TI method coupled with MD simulations has been employed to identify potential  
30 huperzine derivatives with higher binding affinity towards the acetylcholinesterases[95].  
31 Similarly, the FEP approach has also shown to predict more accurate binding free energies

1 for a number of inhibitor-enzyme complexes[93,96]. However, estimating the  $\Delta G_{\text{bind}}$   
2 values using these methods require large numbers of conformational samples, which in  
3 turn inflate the computational costs heavily[93,94]. Given the need for enormous  
4 computational resources, these methods have mostly been applied for only small sets of  
5 ligand-protein complexes. Nevertheless, with increasing supercomputing capabilities and  
6 more improved methods, TI and FEP are gradually being involved in the SBDD pipeline,  
7 especially in guiding lead optimization[92,97-100]. For instance, a recent work[100] by a  
8 large team of authors, from Schrödinger, Nimbus, Columbia, Yale, and UC-Irvine, show  
9 that FEP calculations are able to make highly accurate affinity predictions across a wide  
10 range of ligands and targets. This work included fairly diverse sets of targets, such as  
11 BACE, CDK2, JNK1, MCL1, p38, PTP1b, Tyk2, and thrombin. The estimated binding  
12 free energies reported in this study were in very good agreement with the experiments.  
13 Indeed most of the values were within 1 kcal mol<sup>-1</sup>, with only 9 out of 199 ligands studied  
14 deviated from their experimental values by over 2 kcal mol<sup>-1</sup>[100].

15

16 A less rigorous alternative to thermodynamic pathways is the end-point approaches, which  
17 include methods such as LIE, MM-PBSA, and MM-GBSA. Unlike thermodynamic  
18 pathways approaches, these end-point methods sample only structures involved at either  
19 ends of the reaction pathways; that is, the free receptors (proteins) and ligands and the final  
20 ligand-protein complexes. The  $\Delta G_{\text{bind}}$  in this approach can be written as,

21

$$\Delta G_{\text{bind}} = G_{\text{complex}} - (G_{\text{protein}} + G_{\text{ligand}}) \quad (3)$$

22

23 The LIE method, developed by Aqvist et al[101], considers the process of a ligand ( $L$ )  
24 binding to a protein as a partition problem, in which the free ligand ( $F$ ) from the bulk  
25 solvent medium is transferred to a solvated protein environment ( $P$ ). Therefore, two  
26 independent MD simulations, one for the complex and the other for solvated ligand, needs  
27 to be performed in order to calculate  $\Delta G_{\text{bind}}$  using the LIE method. Nonetheless, the reliance  
28 of the LIE on the end-points of binding makes it an attractive (and affordable) approach  
29 for lead optimization in drug discovery. A number of studies have employed LIE method  
30 for the computational analyses of inhibitors against a variety of targets. This includes

1 benzamide-based thrombin inhibitors[102], inhibitors of Mycobacterium tuberculosis  
2 H37Rv cytidine deaminase[103], sertindole analogues to block hERG potassium  
3 channel[104] and allophenylnorstatine molecules to inhibit Plm4 enzyme, a target for  
4 Plasmodium malariae[105], for instance. The LIE method has been shown to predict  
5 binding free energies with a root mean square error (RMSE)  $< 1 \text{ kcal mol}^{-1}$  compared to  
6 the experimental values[106]. As indicated above, the thermodynamic pathways methods  
7 are also able to make predictions with a similar, if not better, accuracy range for different  
8 targets.

9  
10 MM-GBSA and MM-PBSA are the two other well-established end-point methods that are  
11 most popular in SBDD. The two methods employ an implicit solvent model to account for  
12 the solvent molecules and use dielectric continuum models to obtain the electrostatic  
13 components for the solvation energy. The MM-PB(GB)SA  $\Delta G_{bind}$  can be estimated as,

$$\Delta G_{bind} = \Delta E_{MM} + \Delta G_{Solv} - T\Delta S \quad (4)$$

15  
16 Here,  $\Delta E_{MM}$  refers to the molecular mechanical energy and it is the sum of all energies  
17 from the bonded and non-bonded interactions. The solvation energy,  $\Delta G_{Solv}$ , is the sum of  
18 the polar and non-polar contributions of solvation. The polar solvation terms ( $\Delta G_{PB/GB}$ ) are  
19 estimated using a Generalized-Born model or a Poisson-Boltzmann solver. The non-polar  
20 contributions are computed based on the size of the solvent-accessible surface area  
21 ( $\Delta G_{SASA}$ ) in the ligand and protein. The final component of the  $\Delta G_{bind}$  equation (equation  
22 7) is  $T\Delta S$ , which corresponds to the conformational entropy changes in the reaction-  
23 product (i.e., protein-ligand complex), upon ligand binding.

24  
25 The inclusion of conformational entropy ( $T\Delta S$ ) in the MMPB(GB)SA calculations, in order  
26 to obtain absolute  $\Delta G_{bind}$ , remains challenging. The accurate calculation of ( $T\Delta S$ ) is  
27 computationally expensive and in many cases, its inclusion does not guarantee better  
28 accuracies in the final energies[46,107,108]. Rather, previous studies have shown that  
29 accounting for conformational entropy obtained from insufficient MD sampling has  
30 adversely affected the calculations[107,109]. For instance, Su et al[107] showed that the

1 accuracies of their MM-PBSA and MM-GBSA calculations for 16 known benimidazole  
2 inhibitors against *F.tularensis* Enoyl-ACP Reductase were significantly affected because  
3 of using different number of frames for their enthalpy and entropy calculations. The authors  
4 sampled 2400 frames from the MD trajectory used for their enthalpy calculations; however,  
5 due to limited computational resources, they only used 48 frames (evenly selected from the  
6 trajectory) for the entropy calculations. Therefore, it is important to have large numbers of  
7 MD snapshots to derive a reliable estimate of absolute  $\Delta G_{bind}$ , which can significantly  
8 increase the computational costs. As a result, many studies tend to neglect  $T\Delta S$  and use the  
9 ‘relative’  $\Delta G_{bind}$  instead. Relative  $\Delta G_{bind}$  energies can be predicted with a reasonable  
10 accuracy, and are generally sufficient to rank a group of compounds against the same target  
11 in SBDD [110].

12

13 Two strategies are commonly employed in MM-GBSA and MM-PBSA calculations: (i)  
14 the three-trajectory scheme and (ii) the single trajectory scheme[20,46,107,111]. In the  
15 former, three different MD trajectories that pertain to the ‘apo’ protein, free ligand and the  
16 ligand-protein complex (i.e., the end-point structures) are sampled for snapshots. In  
17 principle, this three-trajectory scheme provides more accurate results than the single-  
18 trajectory approach; however, it demands high computational costs [110,111]. On the other  
19 hand, the single trajectory scheme requires only a single MD simulation for the ligand-  
20 protein complex, which significantly reduces the required computational time [20,110-  
21 112]. Apart from the choice of strategy, there are a number of factors that may affect  
22 MMPB(GB)SA calculations, which includes length of simulations, choice of the force  
23 field, solute dielectric constants, solvent model, and the net charge of the systems. For  
24 instance, it has been argued that employing multiple short and independent MD  
25 simulations, instead of one long MD trajectory, can provide better  $\Delta G_{bind}$  predictions  
26 [107,108,111,113].

27

28 There have been a number of studies that compared and tested the efficiencies of MM-  
29 GBSA and MM-PBSA in predicting accurate  $\Delta G_{bind}$  energies for different ligand-protein  
30 complexes. Their general conclusion is that the accuracy of these methods tends to be  
31 system-dependent. For example, Hou et al.[110] found MM-GBSA to predict accurate

1 relative  $\Delta G_{bind}$  for 59 ligands against six different protein targets in their study, when  
2 compared to MM-PBSA that outperformed the former in making the absolute  $\Delta G_{bind}$   
3 predictions. We have extensively applied MM-PBSA method for a range of studies,  
4 including screening and ranking of ligands against ERCC-XPA complex[41],  
5 understanding the binding mode of daclatasvir onto the NS5A viral protein [43] and  
6 binding of human programmed death-1 of t-cells with its ligands[83]. On the contrary,  
7 Oehme et al[109] concluded that MM-GBSA performed better than the MM-PBSA in  
8 computing  $\Delta G_{bind}$  of their ligand-HIV protease systems. Thus, it is clear that neither of  
9 these two methods is universally superior and the choice of the method should be made on  
10 a case-by-case basis. For example, Jordheim et al[114] combined, MD simulations, virtual  
11 screening and MM-PBSA based binding-free energy calculations, along with different  
12 experimental techniques, to identify potential inhibitors of ERCC1-XPF protein-protein  
13 interactions. The authors performed 20 independent virtual screening runs against the 20  
14 XPF structures present in an NMR ensemble, after their MD equilibration. Top hits from  
15 each screening were extracted and then ranked them based on their binding free energies.  
16 From these results, 73 compounds were subjected to a range of experiments, including  
17 cytotoxicity assays, steady-state fluorescence and synchronous fluorescence experiments,  
18 and immunocytochemistry. The hits were evaluated on A549 and HCT116 cancer cells.  
19 Finally, one compound was found to exhibit promising activity in all the experiments and  
20 was also able to interact with the domain of XPF that is responsible for interacting with  
21 ERCC1, thus disrupting the protein-protein interactions. Thus, MD-based binding free  
22 energy calculations are helpful in guiding the hit identification stage. However, one of the  
23 significant drawbacks of both these methods is their inability to make accurate predictions  
24 for ligands with formal charges[109,111,115]. Hence, it is important to improve the  
25 existing methods or develop new methods which can account for charged ligands  
26 (including tautomers), which form a significant area of drug research.

27

## 28 **MD simulation and solvent dynamics analyses**

29 Computational analyses of structure and thermodynamic properties of water have recently  
30 become a useful tool in SBDD[116-119]. The properties of surface water molecules have  
31 been proposed to play important roles in molecular recognition and ligand-protein (and/or

1 protein-protein) interactions in solution[116,120]. Though small in size, water molecules  
2 are involved in a range of interactions, including H-bonds and van der Waals contacts[120].  
3 Due to such interactions, it is often difficult to displace water molecules to facilitate the  
4 binding a drug. The energy involved in relocating water molecules between surface layer  
5 and bulk water, upon binding of a macromolecule (protein for instance) with another  
6 macromolecule and/or ligands, therefore, can significantly impact the overall free energy  
7 of binding[116-120]. Hence, the hydration patterns of a binding pocket can offer important  
8 insights into the properties of the pocket and also quantify the hydrophobic forces involved  
9 in the binding of small-molecule drugs with proteins. There are a number of *in silico* tools  
10 that can help in extensive molecular descriptor analyses of solvation from the MD  
11 trajectories. These algorithms include WaterMap (from Schrodinger)[121], WaterFLAP  
12 (from Molecular Discovery)[122], SZMAP (from OpenEye)[123], GIST (in  
13 Amber)[120,124], WatMD (in-house tool of Novartis Inc)[116,125], SPAM (from  
14 GlaxoSmithKline)[126], STOW[127], WatClust[127], etc. Some of these methods,  
15 WaterMap[121], STOW[127] and WatClust for instance, are based on inhomogeneous  
16 fluid solvation theory (IST), where enthalpy is accounted directly from non-bonded  
17 interactions and entropy is calculated from a local expansion in terms of correlation  
18 functions[121].

19

20 For instance, the WaterMap program[121] initially clusters the water molecules (in the MD  
21 trajectory) based on their spatial distribution such that they form individual hydration sites.  
22 Subsequently the hydration sites are analyzed using IST to determine the enthalpy and  
23 entropy properties of water molecules within each site. This method has been successfully  
24 employed to gain insights into binding sites for various systems, including peptides binding  
25 to PDZ domains[128], the FKBP12 protein[129], protease and kinase binding  
26 affinity[130,131] and the A2A GPCR[132]. For example, Beuming et al[129] employed  
27 WaterMap tool to analyze the hydration sites for a panel of twenty-seven different protein  
28 targets across a range of families. Initially, the authors[129] performed ~2 ns long MD  
29 simulation for each of the targets and the resultant trajectories were subjected to analyses  
30 with the WaterMap program. The results[129] revealed ~31,500 hydration sites in the  
31 targets, for which the authors calculated their thermodynamic information (such as free



1 energy, entropy and enthalpy). The authors further demonstrated that such thermodynamic  
2 properties of the hydration sites could be used to identify potential binding sites and  
3 evaluate their druggability[129]. It was found that clusters of high-energy solvation sites  
4 mostly inclined to be related with binding sites. However, Ramsey et al[120] notes that the  
5 IST-based methods are limited to the analyses of high-occupancy hydration sites and they  
6 do not describe significantly the hydration structures in low-density regions. As an  
7 alternative to these methods, the authors developed a tool named grid IST (or GIST)[120]  
8 and implemented it into CPPTRAJ toolset of AmberTools. GIST discretizes the integrals  
9 of IST onto a 3D-grid, which fills the binding pocket region and thus covering both high-  
10 density and low-density regions[120]. As a result, unlike the IST methods, the GIST is able  
11 to offer a smoothed map of water structure and the corresponding thermodynamic  
12 information for the complete region of interest. For instance, GIST analyses of the  
13 molecular host cucurbit[7]uril have revealed significant information about the hydration  
14 structure and thermodynamic properties in this receptor[124]. The results particularly  
15 revealed a toroidal region of high density hydration site at the center of the host's nonpolar  
16 cavity. The results[124] also show that this specific hydration site, despite having high  
17 density of water molecules, is energetically and entropically not favorable. The authors  
18 relate this to the known ability of this receptor to bind external molecules with unusually  
19 high affinities[124]. Henceforth, a combination of MD simulations and explicit analyses  
20 of solvent dynamics are helpful to advance our knowledge about the effects of water  
21 molecules in structural biology and drug design[124].

22

### 23 **Constant pH molecular dynamics**

24 The ligand-protein complex formation not only leads to conformational changes in the  
25 structures of the proteins and/or ligands, but can also impact the  $pK_a$  values of their charged  
26 side chains. The most common practice in molecular docking and standard molecular  
27 dynamics is to assign fixed protonation states for the protein residues, substrates and  
28 ligands, based on prior chemical knowledge. However, it is a known fact that the  
29 protonation states of a typical ionisable group involve dynamic processes that can alter the  
30 chemical environment during binding. Previous studies[133,134] noted that the  $pK_a$  values  
31 of titratable residues may change due to a number of factors. This includes the solvation of

1 the group upon ligand-binding, electrostatic interactions between the ligand and protein,  
2 and structural reorganizations within ligand-protein complexes after binding. Thus the  
3 protonation states of ionisable amino acid residues and non-protein molecules (ligands and  
4 substrates) may be subjected to a change during the course of MD simulations. By  
5 preserving the protonation states, the MD simulations ignore any binding-induced  $pK_a$   
6 changes within the systems. This missing information can limit our complete  
7 understanding of the underlying biological processes.

8  
9 Constant pH molecular dynamics (or CpHMD), has been developed for the computational  
10 prediction of  $pK_a$  values[135] for ionisable residues in the biological systems under study  
11 (refer to Box 2). The early CpHMD approach employed GB solvent as the continuum  
12 aqueous environment and Langevin dynamics for the propagation through the non-solvent  
13 (or solute) trajectories [136]. However, this approach has been found not so accurate for  
14 many systems, particularly, when water molecules play an active role. Alternately, Donnini  
15 et al[137] developed a fully atomistic CpHMD method with  $\lambda$ -dynamics approach, which  
16 can be carried out in explicit solvents. This method allows for the dynamic change of  
17 protonation states of titratable groups, thus being able to predict the possible average  
18 protonation states at a given pH. This method samples the relevant configurations of the  
19 end states of titration groups, by considering the protonated as  $\lambda=0$  and deprotonated as  
20  $\lambda=1$ [137]. Given the importance of the protonation states of titratable groups in SBDD, it  
21 is suggested that a constant pH MD simulation be performed for the ligand-protein  
22 complexes before any production MD simulations are initiated. This way, the protonation  
23 states of the ionisable groups in the system can be accurately described.

24  
25 More recently, there have been significant developments in improving the CpHMD [138-  
26 141]. For instance, attempts have been made to improve CpHMD using the replica  
27 exchange concept (*vide supra*). The basic idea is to perform simulations of different  
28 replicas at different pH values. After some set number of steps, the pHs are exchanged  
29 between the replicas so as to sample a wider range of protonation states[139]. This  
30 approach has been shown to greatly improve the convergence rate and accuracy of CpHMD  
31 simulations[140].

1

## 2 **Limitations of MD**

3 Classical MD simulations remain a valuable tool in drug design. They are helpful in  
4 understanding key molecular motions, energetics, ligand-protein interactions, receptor  
5 flexibilities, and conformational changes in the molecular systems, which facilitate the  
6 identification of potential candidates with higher affinities to targets. However, it is also  
7 important to acknowledge that MD also has some potential limitations and pitfalls, most  
8 particularly those concerning time limitations, force-field issues and quantum-  
9 effects[53,142].

10

### 11 **Time limits and the sampling problem**

12 At present times, typical MD simulations are carried out on systems containing hundreds  
13 to millions of atoms, and for several nanoseconds to microseconds timescales. Although  
14 these are impressive developments in the field (of MD), it is possible that such time limits  
15 may not be sufficient to relax the systems to study certain quantities. For instance, a number  
16 of physical properties of biological systems, such as protein folding, ligand binding and  
17 unbinding processes mostly occur at large timescales that are normally inaccessible using  
18 classical mechanics MD simulations. Furthermore, it is known that biological systems can  
19 get trapped in deep energy wells of their potential energy surfaces[143], which may result  
20 in sampling of insufficient and/or non-relevant conformations even from long MD  
21 trajectories[144]. Improper preparation of the initial structure or insufficient equilibration  
22 of the initial structure(s) can impact the quality of the MD results. Sampling (or)  
23 equilibration of an ensemble of structures, therefore, remains one of the key issues in MD  
24 simulations. Such challenges can be tackled by employing alternative strategies. One of  
25 the solutions is to apply an enhanced sampling MD approach[46,145], in which an  
26 additional bias, such as an external force, is applied to the system in order to explore the  
27 different potential energy surfaces. Although this strategy introduces some artefacts from  
28 external bias, it is useful to allow large-scale conformational changes in the systems within  
29 the affordable computational cost. Several enhanced sampling approaches have been  
30 developed, including metadynamics, replica exchange molecular dynamics (REMD),  
31 random acceleration molecular dynamics (RAMD), steered molecular dynamics (SMD)

1 and adaptive bias force steering (ABFS). There are a number of reviews, for example see  
2 references[145-147], discussing the applications of these methods in SBDD. Alternatively,  
3 coarse-grained MD (CG-MD)[148], which reduces the degrees of freedom in large  
4 systems by clustering groups of atoms into CG beads, has been developed to deal with  
5 large dynamic changes in more complex macromolecules.

## 6 7 **Force field issues and quantum effects**

8 Molecular mechanics force field employed in the simulation plays vital roles in defining  
9 the structural model of the studied system. Force fields are usually developed by combining  
10 available experimental data and the results from high-level *ab initio* calculations on small  
11 models that form larger systems, and hence they are fundamentally  
12 approximations[53,142]. Furthermore, force fields are parameterized such that they include  
13 several atom types describing varied situations of the same atoms (or functional groups).  
14 Due to such reasons, the transferability of force fields is restricted. Thus, results of MD  
15 simulations are reliable only as long as the potential energy functions (or force fields)  
16 mimics the forces experienced by the atoms in the real system under study[142].

17  
18 Classical MD, because of its capabilities to handle large-size systems using affordable  
19 computational resources, has gained extraordinary popularity in SBDD. Classical  
20 approximations are mostly well-suited for non-reactive molecular interactions in biological  
21 systems[149,150]. However, they are not able to effectively describe the chemical  
22 reactions occurring in biological systems. For example, classical MD may not be able to  
23 offer great solution for understanding the reaction mechanisms of drug/substrate-protein  
24 complexes, chemical processes of proton transfer within active site, and binding/cleaving  
25 processes of certain covalently bonded ligands. In such cases, the use of quantum-  
26 mechanics (QM), which explicitly models the electrons in the system, becomes essential  
27 at the expense of computational time. In order to overcome this challenge, reactive force  
28 fields have been developed recently that allows chemical reactivity to be treated to some  
29 extent[53,149,150]. In reactive force fields, the interatomic potential defines chemical  
30 reactions by implementing a bond-order formulation. Within this scheme, the bond orders  
31 in the system are empirically calculated using interatomic distances between atoms during

1 MD simulation. Whereas, the electronic interactions driving chemical bonding are treated  
2 implicitly such that facilitating the modeling of changes in atom connectivity[149,150].  
3 Recent review articles, for example see references [149,150], discuss various applications  
4 and challenges of such reactive force fields.

5

6 Another important challenge faced by classical MD is accounting electronic polarization,  
7 a significant quantum effect[142]. Within the classical MD framework, each atom in the  
8 system is assigned with a pre-set partial charge and is maintained throughout the  
9 simulation. Nevertheless, this is not always true, as the biomolecules are in general  
10 polarizable; meaning that the electron clouds encircling the atoms constantly shift in  
11 response to their chemical environment. Thus, it would be effective if the partial charges  
12 could be represented as a dynamic parameter, which is not the case with most of the current  
13 classical force fields. Realizing the importance of this challenge, there have been  
14 significant ongoing efforts to develop robust polarizable force fields for MD  
15 simulations[151]. Some of the current generation polarizable force fields include  
16 AMOEBA[152,153], CHARMM Drude and AMBER ff02[151]. Indeed, it is important to  
17 note that polarizable force fields also have their own challenges and should be used with  
18 caution. For example, these polarizable force fields are in general slower than non-  
19 polarizable force fields and, as a result, they are more vulnerable to sampling issues.  
20 Therefore, polarizable force fields may not be suitable systems where large conformational  
21 sampling plays important roles. Though having some weaknesses, the current polarizable  
22 force fields are promising. Given the importance of electrostatic interactions in biological  
23 systems, and with more developmental efforts underway, polarizable force fields will soon  
24 become an inevitable choice for classical MD simulations in future. There are some recent  
25 articles that discuss the current status and future directions for polarizable forces and MD  
26 simulations [151-153].

27

### 28 **Advanced hybrid QM/MM MD**

29 Although there have been significant efforts to fix the issues (concerning chemical  
30 reactivity and electronic polarization) within the classical MD framework, employing  
31 quantum-mechanical (QM) MD, which explicitly models the electrons in the system, has

1 been an alternative practical strategy in biomolecular simulations and SBDD. QM-MD  
2 generates dynamical trajectories by using the forces obtained from the electronic structure  
3 calculations that are performed at every time step of simulation. It is, therefore, able to  
4 accurately describe any reactions involving significant electronic effects such as electron  
5 correlation and electron polarization effects[154] [155]. Nevertheless, QM-MD  
6 simulations are extremely computationally intensive, which limits the practicality of  
7 applying this approach only to smaller sized systems ( $\sim 10^2$  atoms) and for limited time  
8 scales ( $\sim 10^{-12}$  s)[156]. Hence, it was extremely important to find a mid-point that offers  
9 both ‘the chemical accuracy’ of QM-MD and ‘feasibility’ of MM-MD. To address this  
10 problem, Warshel and Levitt[157] introduced a state-of-the-art hybrid MD scheme  
11 popularly known as QM/MM. In this approach, a chemically reactive region in ligand-  
12 protein complex (mostly binding site residues and bound ligand) are treated with more  
13 accurate QM methods, and the rest of the system is described using MM force fields (Fig.  
14 6). To date, a number of QM/MM implementations have been developed[158-160] and  
15 applied in many studies that focussed on large drug-protein and/or protein-protein systems.  
16 For example, in their recent study, Chen et al[161] employed QM/MM MD and QM/MM  
17 GBSA method for studying the interactions of benzamide inhibitors with trypsin. In this  
18 study, the authors treated the active site residues of the receptor and the inhibitors with QM  
19 methods (B3LYP/6-31G(d), PM3, PM6, and RM1) and the rest of the system with classical  
20 ff99SB force field and AMBER program. The study found that binding free energies  
21 calculated with the snapshots obtained from QM/MM MD trajectories displayed excellent  
22 agreements with experimental values[161]. In another study[162], QM/MM MD  
23 simulations revealed that the fourth ligand coordinating with the active site zinc ion in  
24 Acutolysin A enzyme is a water molecule, rather than a hydroxide anion, correcting a  
25 misconception from the low-resolution X-ray crystal structure. It was also revealed by a  
26 study that the QM/MM FEP approach outperformed the conventional FEP scheme in  
27 predicting accurate binding free energies for a set of fructose 1,6-bisphosphatase inhibitor  
28 [93]. Cui and co-workers[163] showed that a hybrid QM/MM-FEP approach could be used  
29 to predict accurate pKa values of biological systems. Thus, QM/MM MD simulations have  
30 the ability to offer accurate dynamic information that is significant in understanding the

1 structure-function relationships of proteins and their interactions with different classes of  
2 ligands, the key in drug discovery research.

3

4 Nevertheless, it is also important to acknowledge the fact that QM/MM MD simulations  
5 also have some clear pitfalls. One of the most important problems in QM/MM simulations  
6 is the treatment of the interface region that connects the QM part with that for MM,  
7 particularly if they are covalently bonded as in the case of ligand-protein systems. When a  
8 complete system is explicitly cut into QM and MM parts, then it will leave the former  
9 region with incomplete valences, which can lead to a failed QM treatment[164]. The most  
10 common strategy to overcome this issue is to cap the bordering QM residues, which  
11 underwent partition, with hydrogen atoms. But such hydrogen capping introduces new  
12 atoms into the QM region those were not originally present in the real system, which may  
13 lead to some artefacts[164]. Furthermore, QM/MM MD simulations of large protein-ligand  
14 systems are still very computationally expensive. Hence, they can only be applied to select  
15 systems in drug design, such as for those top-ranking hits filtered from thorough virtual  
16 screening and classical MD simulations, where follow-up details about key ligand-protein  
17 interactions for pharmacophore modelling are computationally justified.

18

### 19 **Perspectives on integrating the computational approaches**

20 Last decade has observed tremendous developments in the field of molecular modelling  
21 and drug design methods. As discussed above, a number of modelling and MD-based  
22 approaches are available to help in the modern drug design and discovery efforts.  
23 Nevertheless, how we integrate these methods, along with other *in silico* approaches and  
24 experiments, is important for increasing our chances of identifying more promising hits  
25 from the chemical pool of compounds. Although there are no specific set of rules on how  
26 these methods should be combined, extensive knowledge and experience gained over years  
27 have provided some logical strategy of implementing them. In Fig. 7, we present a more  
28 simplified and practical work-flow that assembles classical MD, binding free energy  
29 calculations and QM/MM methods at various stages leading from hit-identification to lead  
30 optimization. For instance, the need of classical MD simulations could first arise upon  
31 having one (or) more initial three-dimensional structures either from the PDB or through

1 molecular modelling methods. Because most of these methods are single snapshots of the  
2 target, long classical MD simulations (usually few hundred nanoseconds time scale) are  
3 required so that large conformational changes in the target can be captured during the  
4 simulation. At this stage, the user needs to make a number of cautious choices, such as the  
5 software program, the empirical force-field and simulation parameters that are suitable to  
6 perform stable MD simulations.

7

8 Following this stage, different clustering algorithms, such as RMSD-based clustering or  
9 PCA analyses, can be performed to sample the dominant conformations of the target from  
10 the MD trajectory. The target conformations obtained from the MD simulations will serve  
11 the purpose of addressing the protein flexibility concerns during the subsequent virtual  
12 screening procedures. Indeed, there are some computational methods to identify possible  
13 cryptic binding sites from these ensemble of target structures and target them during  
14 screening. Following the docking and scoring, MD simulations can again be performed on  
15 the ligand-protein complexes, in order to refine the complexes and calculate their binding  
16 affinities. At this point, the user must make a number of careful selections, including the  
17 length of MD simulations, force-field for simulation and methods for binding-free  
18 estimations. Usually, it is suggested that short MD trajectories (~1-2 ns long) are collected  
19 for each ligand-target complexes and use them for free energy of binding calculations. The  
20 end-point methods, MM-PBSA or MM-GBSA, are mostly popular for these calculations;  
21 although other methods, such as FEP, are gaining popularity in the field. Once the high-  
22 ranking compounds are identified, they can be experimentally tested using different kinds  
23 of assays. At the current stage, it is hoped that a 5-10% of hit rate (during experimental  
24 testing) can be achieved by incorporating rigorous computational modelling and pre-  
25 screening protocols; although this might not be the case always.

26

27 Whatever the results from the experiments are, positive or negative, they can be back-fed  
28 to the computational protocol so as to improve it for subsequent phases of screening. For  
29 example, if the results are negative (meaning no significant hits were identified), then  
30 probably the lengths of initial MD simulations can be increased so as to increase the sample  
31 size for target conformations; and/or increase the chemical search space by increasing the



1 numbers of compounds in the libraries; and/or refine the parameters in the docking  
2 protocols; and/or increase the length of MD simulations for binding free energy  
3 calculations; and/or even change the method used for free energy estimations. In the event  
4 of obtaining good hits from the experiments, then the user might wish to perform extended  
5 MD simulations (now for hundreds of ns) to understand the key dynamic interactions  
6 between the hits and the targets. Binding free energy methods (or) other enhanced sampling  
7 MD methods can also be applied at this stage so as to gain in-depth knowledge about  
8 binding mode(s) of the hits. Based on these information, an effective pharmacophore model  
9 or QSAR model (and/or experimental SAR) can be developed and implemented in  
10 subsequent screening protocols. When one or more promising hits, those showing attractive  
11 inhibition potentials, promising immunological activity and also non-toxic profiles, are  
12 identified, then complexes of such hits can be taken forward for more advanced and  
13 computationally expensive QM/MM simulations. At this stage, the user must be cautious  
14 in defining the QM segment and MM segment in the system and also choose a cost effect  
15 (but also accurate) QM model and a suitable MM force field for treating classical segment.  
16 The choice of software program is also a key, as using the one that scales well could be  
17 helpful to run the QM/MM simulations for large timescales. Such rigorous hybrid  
18 simulations can offer extra-ordinary insights about the reaction mechanisms involved  
19 between the selected hit(s) and the target(s). Understanding the reaction mechanisms can  
20 be useful towards achieving a better lead compound(s). Those leads showing promising in  
21 vitro and in vivo activities can be taken to further lead optimization and lengthy and  
22 expensive clinical trial stages. Indeed, off-target interactions of drug is yet another  
23 important challenge facing the community; and computational methods are also helpful to  
24 address this challenge, which is not discussed in this review.

25

26 The potentials of combining all the computational methods discussed in this review can be  
27 best demonstrated, for instance, by a series of studies[86,165-169] carried out on a bacterial  
28 enzyme, namely bacterial MurD ligase. A team of scientists from the National Institute of  
29 Chemistry, Slovenia, along with their collaborators, have carried out a number of studies  
30 on the enzyme. This includes, studying the domain flexibility using MD simulations  
31 followed by drug design efforts[165-167], post-docking refinements of the complexes

1 using MD approaches[167,170], understanding the reaction mechanism(s) of the identified  
2 hit-enzyme complexes using QM/MM methods[169] and free energy calculations to  
3 understand the binding of inhibitors to the MurD ligase and further drive the design  
4 processes[86,168]. In one of the preliminary studies[165], the authors performed extensive  
5 targeted MD (TMD) simulations in order to gain some insights into substrate binding  
6 process and also the structural changes in the enzyme during the transition(s) between the  
7 experimentally determined closed and open states[165]. In another study[166], the authors  
8 used this information to perform off-path simulation to obtain a relative energy comparison  
9 pathway of the two TMD-generated closing pathways. This study also discerned the  
10 pathway which had high-energy demands to perform the biochemical processes[166]. The  
11 authors claim that the results from their studies agreed well against the experimental  
12 findings[166]. Subsequently, the authors selected three MurD ligase conformations from  
13 their MD simulations and used them for two-stage docking-based virtual screening  
14 study[167]. The screening identified a panel of promising hits, out of which one of them  
15 (an aminothiazole class inhibitor) was confirmed experimentally to act against dual targets,  
16 MurD and MurC. The authors re-docked this inhibitor against all the target structures and  
17 performed extended classical MD simulations to gain atomistic insights into the ligand-  
18 target interactions[167]. The authors also identified another inhibitor class of benzene-1,3-  
19 dicarboxylic acid 2,5-dimethylpyrrole derivatives that showed dual MurD/MurE inhibition  
20 properties[170]. In the follow-up study, the authors performed extended MD simulations  
21 of this inhibitor-MurD complex to explore their geometrical behaviours. Later, they also  
22 performed binding free energy calculations using liner interaction energy (LIE) method  
23 that described the energetic behaviour and binding affinity of the compound[170]. Using  
24 the information gathered from these studies, the authors again developed new  
25 pharmacophore models and performed new phase of virtual screening to only discover  
26 novel set of compounds that showed promising effects in the experiments[170]. Similar  
27 combination of MD and LIE-based binding free energy calculations were also carried out  
28 for Furan-based benzene mono- and dicarboxylic acid derivatives against the bacterial Mur  
29 ligases[86]. In their ongoing computational and experimental efforts to design drugs for  
30 Mur ligases, the authors also performed advanced QM/MM simulations[169], using  
31 B3LYP level of QM theory and CHARMM MM force fields, of the experimental structure

1 of MurD in the PDB (code: 2UAG). This QM/MM study[169] was useful to understand  
2 about the tetrahedral intermediate formation in the enzyme complex, which was not known  
3 until then[169]. Hence, the bundle of studies by these authors demonstrate how a series of  
4 computational studies (along with experiments) can be set up to advance our knowledge  
5 about the structure-properties of a specific target and make progress towards achieving the  
6 goal(s) of drug discovery.

### 10 **Concluding remarks**

11 It has been 38 years since the first molecular dynamics (MD) simulations of bovine  
12 pancreatic trypsin inhibitor were carried out for 9.2 picoseconds. Since then, there has been  
13 tremendous growth in supercomputing power and significant developments in the accuracy  
14 and efficiency of MD-based computational methods. And MD is now well established as  
15 an important contributor to drug design and development. With current capacities, MD  
16 simulations can be employed for larger biological systems and for microsecond timescales.  
17 Such longer classical MD simulations help in effective treatments of the induced-fit effects  
18 of the drug binding onto receptors, and can be used to realize optimal drug-receptor binding  
19 modes and collect larger conformational samples of the complexes that allow more  
20 accurate binding free energy estimations. Alternate versions of classical MD methods, such  
21 as CpHMD and enhanced sampling MD approaches, allow tracing chemical changes and  
22 other intricate biological events, which normally occur within ligand-protein complexes  
23 but are not observed within the practical limits of classical MD simulations. On the other  
24 hand, advanced hybrid QM/MM MD methods are useful in revealing the actual reaction  
25 mechanisms occurring at the ligand-binding site of the receptor, which are important to  
26 design potent ligands that could trigger effective inhibition of the disease targets. Thus MD  
27 approaches offer wide range of opportunities and capabilities. Assembling them  
28 appropriately with other *in silico* approaches and experiments can enhance the possibilities  
29 of identifying more credible hits that can eventually become effective next-generation  
30 drugs to serve human population.

- 1 **Table 1:** Some of the recent studies that employed MD simulations for various applications, such as accounting protein
- 2 flexibility, post-docking structure refinement and binding free energy calculations, on different targets.

	<b>Protein flexibility and conformational analysis</b>			<b>Structure and post-docking refinement</b>			<b>Binding free energy calculations</b>	
	<b>Enzyme/Target protein</b>	<b>Reference</b>		<b>Enzyme/Target protein</b>	<b>Reference</b>		<b>Enzyme/Target protein</b>	<b>Reference</b>
	Nucleoprotein of Influenza A virus	[171]		CASP8 and 9 targets	[172]		Cytidine deaminase	[103]
	AcrB transporter	[173]		CASP10 targets	[174]		hERG	[40,104]
	M3 muscarinic Acetylcholine receptor 3	[175]		CASP11 targets	[174]		Mur ligase	[86,168]
	Isomerase	[176]		CASP8 and 9 targets	[177]		Enoyl-ACP reductase	[107]
	GPCR	[178]		M3 muscarinic Acetylcholine receptor 3	[24]		HIV protease	[109]
	MDM2-p53	[41,80]		MurD Ligase	[170]		Multiple targets	[110,179,180]
	$\alpha$ -Spectrin SH3 protein	[181]		NS5A	[43]		NS5B	[182]
	Nalp domain	[183]		Acetylcholinesterase	[184]		Cytochrome P450	[185]
	hERG	[40]		Galectin 8C domain	[186]		MDM2-p53	[187]
	Melanocortin(rep exchn)	[188]		Multiple targets	[189]		NS2B/NS3 Dengue virus	[190]
	Histone deacetylases	[46,73,191]		$\beta$ - lactamase	[192]		HIV-1 RT RNase	[193]
	Glycoprotein	[194]		Neurotoxin serotype A	[195]		ERCC1-XPF	[114]
	Lysozyme	[196]		Phosphorylase kinase	[197]		STAT3 and STAT5	[198]
	Mad2	[199]		Tubulin	[200]		Phosphorylase kinase	[201]
	MurD Ligase	[167]		Monoamine oxidase B	[87]		Human biliverdin-IX $\alpha$ reductase	[88]
	<i>Giardia duodenalis</i> 14-3-3	[202]		Aldolase reductase	[89]		AF9 protein	[203]

3

1

2 **Figure captions:**

3

4 **Fig. 1:** A schematic representation of induced effects of ligand binding to receptor.

5 **Fig. 2:** Different categories of methods employed for accounting ligand and receptor  
6 flexibilities in molecular docking.

7 **Fig. 3:** Different X-ray crystal structures of histone deacetylases 8 (HDAC 8) showing  
8 different conformation of binding site pockets. An overlap of the structures is also shown  
9 as a ribbon structure.

10 **Fig. 4:** Ensembles of structures sampled from long MD trajectories. Twenty-eight  
11 structures of MDM2 protein sampled from 50 ns long MD trajectory (a) and forty-five  
12 structures of hERG ion channel captured from 500 ns long MD simulation showing  
13 flexibilities of backbone region (b) and side-chain dynamics (c). In (a), the structures of  
14 holo-, and apo- trajectories of MDM2 protein are shown in green and blue, respectively.  
15 Wherein (b) and (c), the colors indicate flexibility of the concerned segments in the  
16 dominant conformations. The representative conformation of the target is shown in Red  
17 and the other conformations in the clusters are provided in colours ranging between red to  
18 blue.

19 **Fig. 5:** Binding mode of Daclatasvir with the NS5A protein[43]. The bound drug is shown  
20 as a green-colored stick representation and the protein residues are displayed as white sticks  
21 (a). The binding sites within the NS5A receptor is also provided as a surface representation  
22 (b).

1 **Fig. 6:** A QM//MM model of human acetylcholinesterase where residues that can be treated  
2 under QM is shown as ball-and-stick and the rest of the systems shown as surface  
3 representation and cartoon can be treated with MM force field.

4 **Fig. 7:** A simplified and practical workflow for molecular modelling and drug design. This  
5 work flow lists a sequence of steps that provides an overview of how MD approaches can  
6 be stacked along with other modelling and experimental procedures during the drug design  
7 and discovery efforts. In addition, a number of key decisions that needs to be taken during  
8 each of the modelling and MD stages are also listed. It is important to insist that this work  
9 flow in no-way tries to underestimate the roles of experiments in drug discovery. Rather it  
10 only tries to highlight the roles of computational approaches, as discussing experimental  
11 techniques in detail is not within the scope of present review.

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## **BOX 1: Important quantities in MD analyses**

### **Root mean square deviation (RMSD)**

RMSD is a measure of the average deviation or distance between the atoms when three-dimensional structures are superimposed on each other. When analysing an MD trajectory, this value (or RMSD) could be a very important quantity that is useful to trace how much the structure that underwent MD simulations has deviated from its' starting structure.

### **Interaction energy**

The interaction energy is the amount of energy that is caused by the interaction(s) between two residues (or objects) and its' contribution towards the total energy of the system. Interaction energies between different amino acid residues from the target and the bound ligand could make significant impact on the binding affinity of the complex. Thus, identifying the key residues that possess high interaction energy against the ligand is important in binding mode analyses.

### **Interaction distance**

It is a minimum distance between two non-bonded residues of proteins or between residues and ligand that could affect each other, thereby impacting the total energy of the system.

### **Correlation functions**

They are mathematical descriptors that connect the properties of protein structures with that of their significance. Thus correlation function remains an important tool for protein structure analyses from the MD trajectories.

### **Radial distribution function (RDF)**

RDF is a quantity that describes the average radial packaging of atoms in a system and can be calculated by constructing normalized histograms of atom pair distances with respect to an ideal gas.

$$g(r) = \frac{n(r)}{4\pi r^2 \rho \Delta r}$$

Where,  $n(r)$  is the number of atoms in a shell of width  $\Delta r$  at distance  $r$  and  $\rho$  is the mean atom density. This quantity can be useful, for instance, to identify how many waters are coordinating with a metal ion in the active site of the protein during the course of MD simulation.

### **Hydrogen bond (H-bond)**

The electrostatic force that attracts the hydrogen attached to one electronegative atom to another electronegative atom holding lone pair of electrons. Thus, identifying the number of H-bonds between the bound ligand and its' surrounding amino acid residues of the protein is one of the key step while analysing the MD trajectories.

## **BOX 2: Glossary of terms**

### **Virtual screening**

Virtual screening (or *in silico* screening) is a computational approach employed in structure-based drug design to screen a library (or libraries) of small-molecules against the desired protein target in order to rank them based on their affinities to the concerned binding site of the target.

### **Molecular docking**

A method to predict the favoured binding orientations between two molecules to form a stable complex

### **Scoring function**

Mathematical method to quantify the interactions between two molecules when they are docked together.

### **Shape matching**

A sampling method that uses receptor-complementarity as a criterion for identifying the ligand binding conformations

### **Stochastic algorithms**

A sampling method that incorporates random changes to the ligand in transitional, rotational and conformational space to identify the most suitable ligand binding conformation

### **Systematic search**

A sampling method that utilizes all degrees of freedom to sample the ligand binding conformations

### **Induced-fit effect**

Conformational changes in an enzyme triggered by the interactions with (or binding of) small molecules or other proteins.

### **Periodic boundary condition (PBC)**

Periodic boundary condition (or PBC) is a method employed in MD simulations to eliminate the issues concerning boundary effects, arising from finite size, by treating the system as infinite with the help of a unit cell.

### **Free energy of binding**

Within the context of ligand-protein complex in drug design, the free energy of binding is defined as the free energy difference between the ligand-bound state (complex) and the free unbound states (free protein and free ligand).

**BOX 3: List of abbreviations**

CADD: Computer-aided drug design

SBDD: Structure-based drug design

MD: Molecular dynamics

PDB: Protein data bank

QM/MM: Quantum Mechanics/Molecular Mechanics

IFD: Induced-fit docking

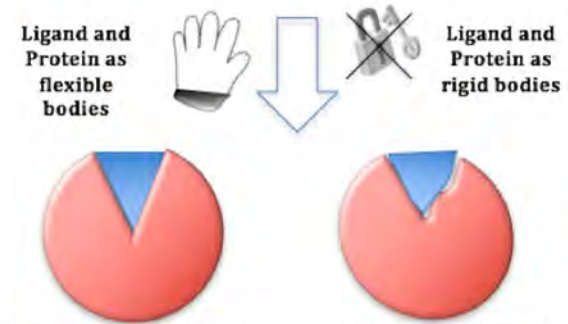
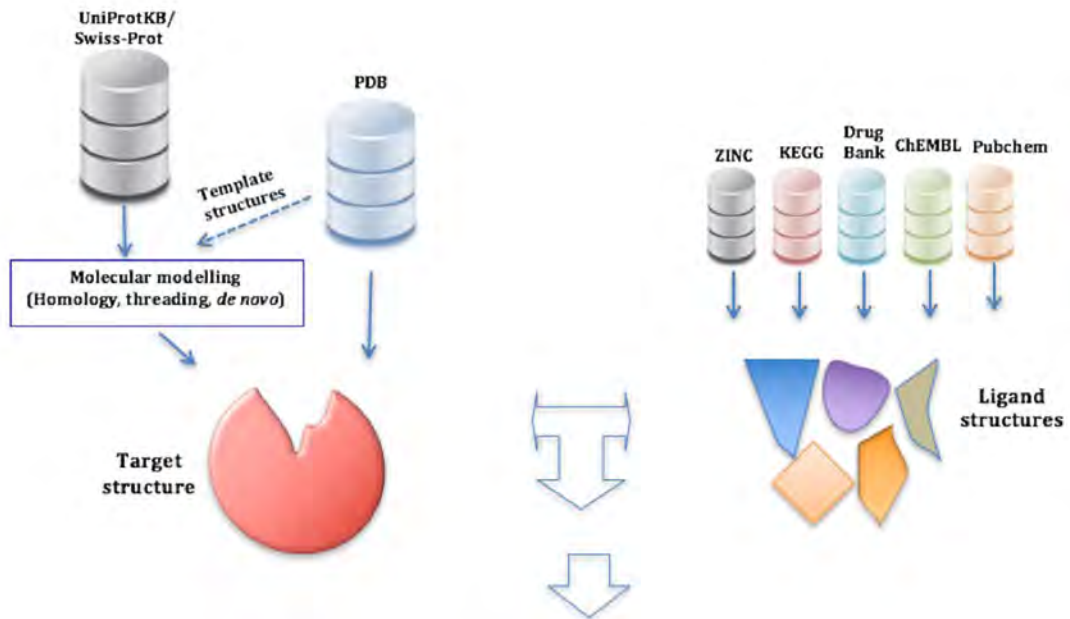
FEP: Free energy perturbation

LIE: Linear Interaction Energy

TI: Thermodynamics Integration

MM-GBSA: Molecular Mechanics-generalized Born surface area

MM-PBSA: Molecular Mechanics-Poisson-Boltzmann surface area



Ideal "best-fit" scenario, where both protein and ligand are flexible.

However, current docking protocols mostly account for only ligand flexibility.

## Ligand flexibility

Shape matching

Systematic Search

Stochastic algorithms

Exhaustive

Fragmentation

Conformational ensemble

## Receptor flexibility

Soft docking

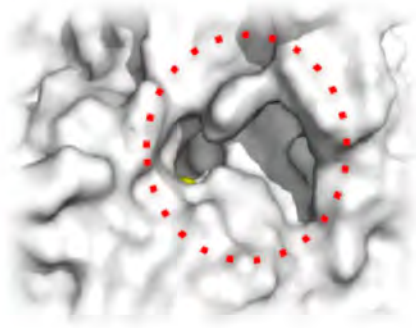
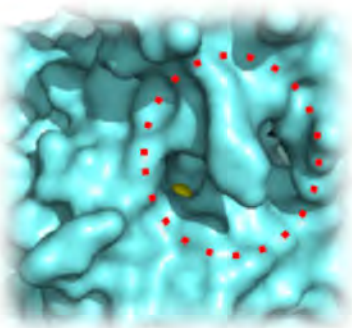
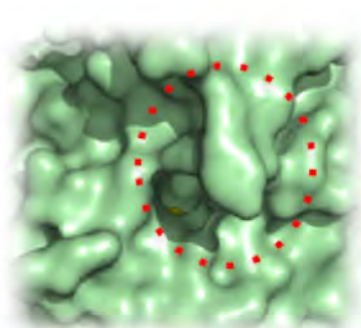
Rotamer library

Ensemble docking

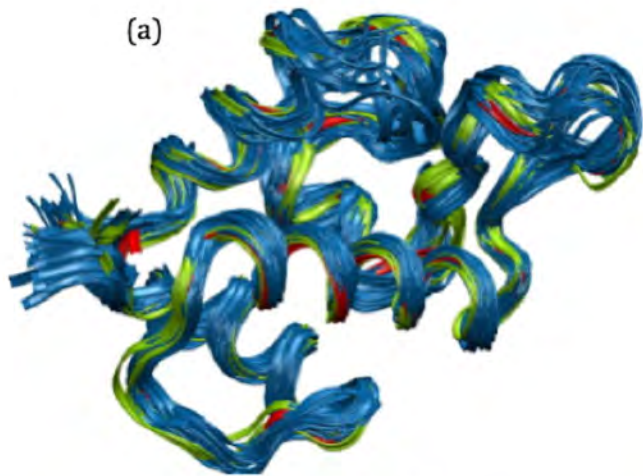
Averaged energy grid

United description scheme

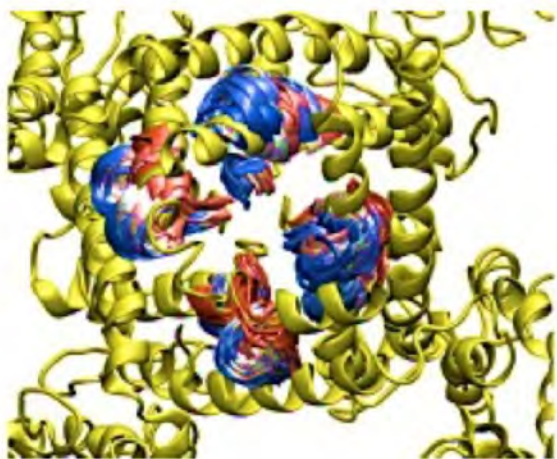




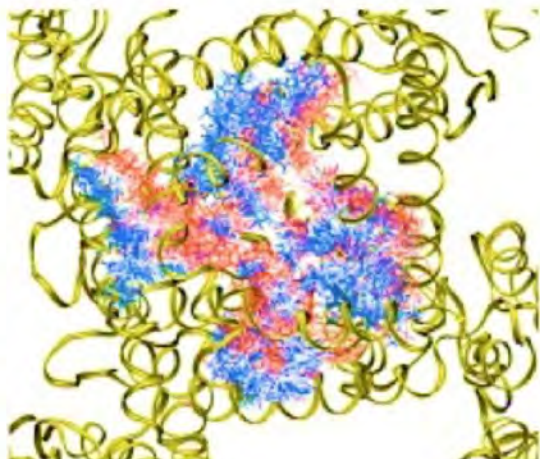
(a)



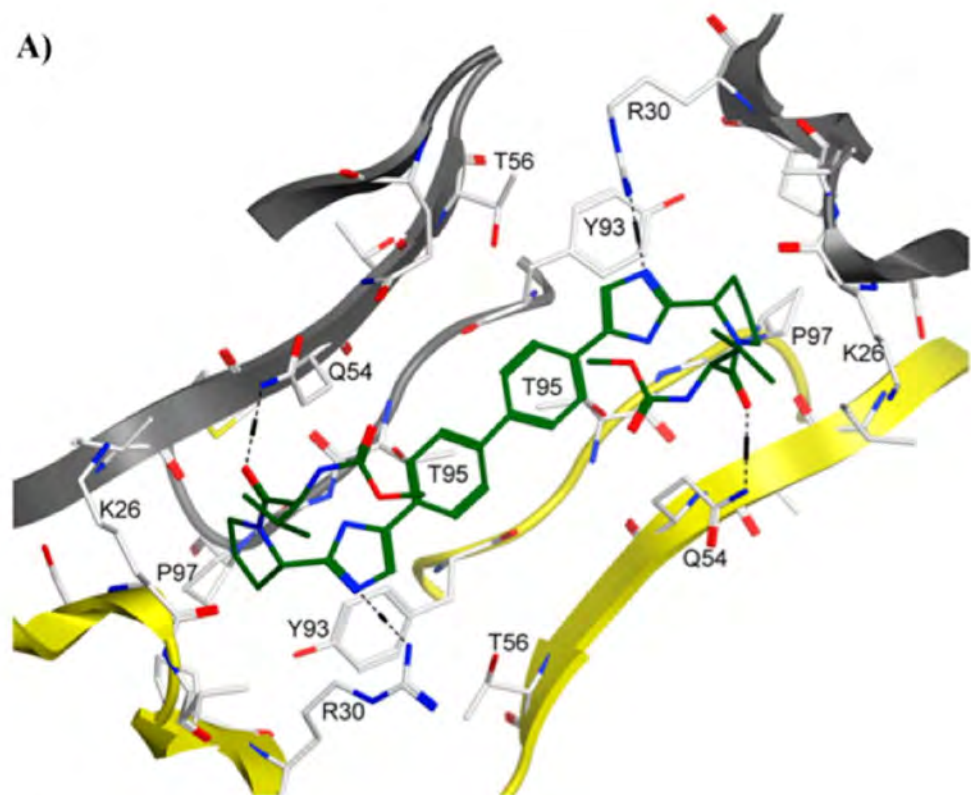
(b)



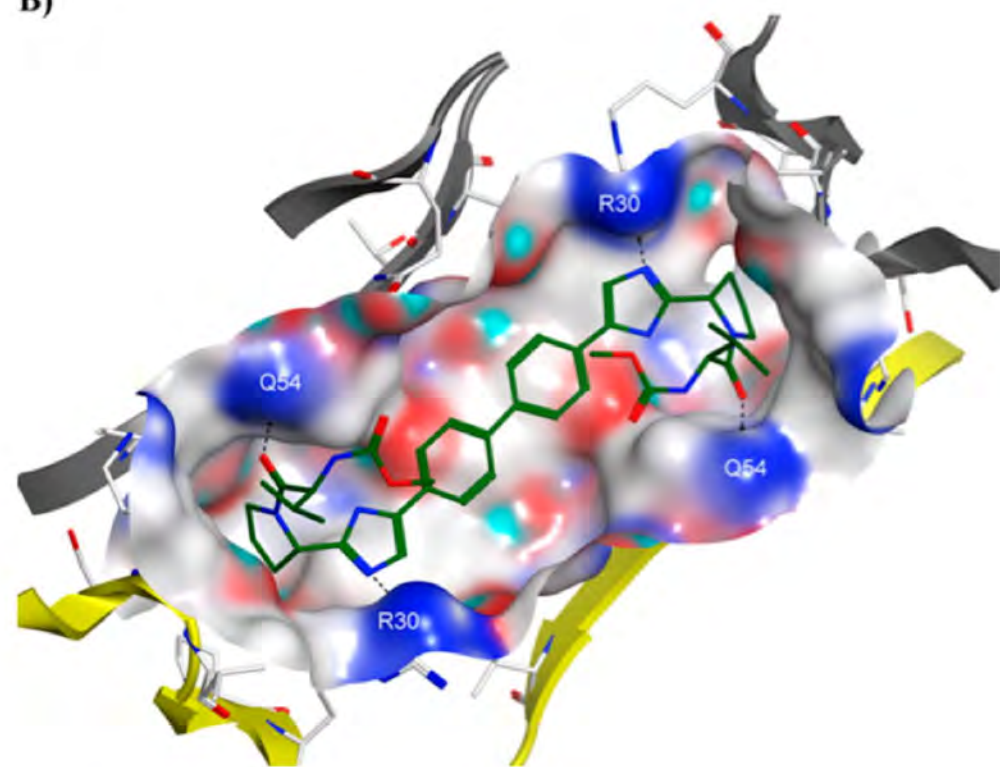
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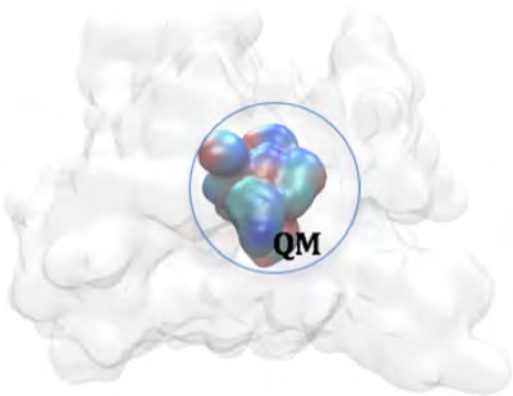


A)

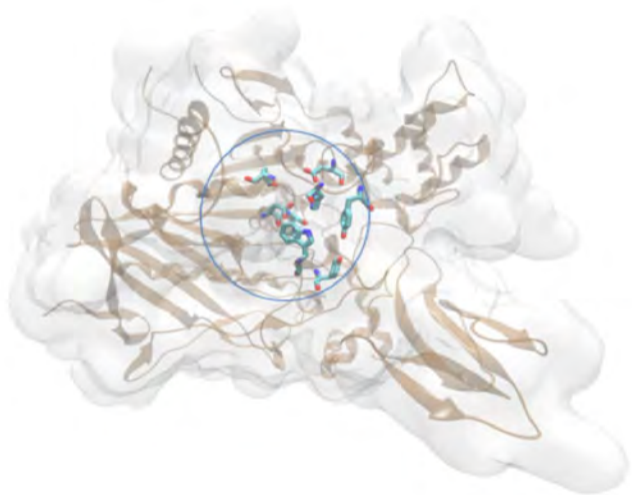


B)





**MM**



## 1. Prepared initial structure from PDB (or) molecular modelling approach(es)

### Important steps & decision:

- (1) If the structure is available in the PDB and if yes,
  - Whether the structure is complete without any missing residues or segments?
  - Whether multiple conformations of the target is available in the PDB?
- (2) If the structure is not available, then it has to be modelled; and in this case
  - What modelling approach(es) and software program(s) are need?
  - If fairly good quality template structures are available to model the 3D structure of the target?
  - Is the quality of the modelled structure reasonable enough to initiate the next stage?

## 2. Classical MD Simulation to gain insights into the structure of the target and to identify possible druggable pocket(s).

### Important steps & decision:

- (1) Which software program and force-field are suitable for the MD simulation of the concerned target structures. Does your choice is also supported by the previous work(s) in the literature?
- (2) What parameters (such as cell dimension and temperature) are suitable for the system?
- (3) What type of water model is appropriate for the system and also compatible with the selected force-field?
- (4) How long should the system be equilibrated to obtain a fairly good starting configuration for the production runs? This decision is always made by verifying the behavior of the system and other physical quantities, such as temperature, pressure and different energies during the equilibration.
- (5) What will be the length of production MD simulation and if it is sufficient to sample various conformations of the proteins and also capture the significant dynamics related to ligand binding?

## 3. Clustering and selection of dominant conformations to account protein flexibility and preparation of ensemble of target structures.

### Important steps & decision:

- (1) Which clustering algorithm needs to be used?
- (2) Has the trajectory from the preceding MD simulations sampled various dominant conformations that is sufficient for accounting protein flexibility in the further drug design efforts?

## 3. Docking based-virtual screening

### Important steps & decision:

- (1) Has the binding site been identified and characterized sufficiently?
- (2) Is the grid box sufficiently large to accommodate the ligands?
- (3) How many conformations of ligands need to be included in screening and how many resultant poses of ligand-target complexes need to be collected after screening?
- (4) What software and type of scoring functions is required for screening?
- (5) Are chemical compound libraries handy and do they include diverse structural groups?

## 4. MD simulation and binding free calculations

### Important steps & decision:

- (1) What software program, force-field and parameters are suitable for the MD simulation? These choices usually remain close to what have been used in MD simulations performed at previous stages, if any.
- (2) How long should the MD simulations need to be run that could produce fairly accurate binding free energies? Note, as discussed in this article, there have been several debates on the choice of one long MD trajectory or multiple short MD trajectories for this purpose.
- (3) What binding free energy method is suitable and also affordable for this research? Guidance from literature can help in making this choice.

Pharmacophore modelling, QSAR  
and experimental SAR

Experimental testing & hit  
identification

## 5. MD simulation of promising hits identified from experimental assays

### Important steps & decision:

- (1) What software program, force-field and parameters are suitable for the MD simulation? These choices usually remain close to what have been used in MD simulations performed at previous stages, if any.
- (2) How long should the MD simulations need to be run to refine the post-docking complexes and also to capture the significant dynamic interactions between the target and the bound ligand.

## 6. Employ sophisticated binding free energy methods to identify the best binding mode of the hit.

### Important steps & decision:

- (1) What binding free energy method is suitable and also affordable for this research? Guidance from literature can help in making this choice.
- (2) Can the predicted binding mode(s) can be related to the range of activity seen in experiments?

## 7. Advanced QM/MM MD simulations to gain deeper insights about the reaction mechanisms involved between the selected hit(s) and target(s)

### Important steps & decision:

- (1) Are the selected ligand-target complexes the best choice to initiate expensive QM/MM MD simulations?
- (2) Do previous information about similar interactions and their reaction mechanism available in the literature?
- (3) What would be the optimal segment of the complex that would require high-level QM treatment?
- (4) What is the QM/MM protocol and software program available to perform these simulations?
- (5) Is access to high-performance computers available to carry out these expensive MD simulations?
- (6) What would be the length of the MD simulations?

Lead optimization

Clinical trials